

*St. John of the Cross Church*  
*Confirmation Name Form*

### Choosing a Saint Role Model

For the sacrament of Confirmation, each teen must decide to choose a saint who can be a role model to walk on their faith journey with. The life of the saint whom they choose should help guide the teen toward a closer relationship with God through their example. Once a saint is chosen, teens should ask for guidance of this saint through daily prayer. Teens may choose their own baptismal name as their Confirmation name or select another saint of their choice.

Candidate's Name:

\_\_\_\_\_

First

\_\_\_\_\_

Baptismal Middle

\_\_\_\_\_

Family

Chosen Name for Confirmation: \_\_\_\_\_

On a separate sheet of paper, type a short biography of the saint whose name you have chosen. Indicate the resources that you used.

**Elaborate** on the outline below:

Background of the Saint

Approximate birth and death dates.

Where the saint lived and/or worked.

What the saint did.

Virtue(s) practiced by the saint.

Why you admire this saint.

Why you chose this name.